

# IMPACT REPORT

JUNE 2024 - JUNE 2025



PROGRESS IN PREVENTION



TIGGER STAVOLA FOUNDATION  
DRUG PREVENTION AND EDUCATION

EST. 2013



Lisa and Rick Stavola at the  
2025 Polar Plunge Start Line

## UPDATE FROM OUR FOUNDERS

Dear Supporters,

We are happy to report that the past year has been pivotal for the Foundation on several fronts. Most notably, the significant partnership growth (162%!) with middle schools across New Jersey. This is critical because research shows that the average age of first use has dipped to as young as age 12.

Because of our generous donors, our team has been able to respond quickly to demand for our drug prevention education programming at the middle school level while also adding two new motivational speakers to our portfolio. Administrators have been so pleased with this programming that several school districts have reached out to their local media outlets, which have run stories about these effective presentations.

On the donor front, we had record attendance and support at both our "Best is Yet to Come" Infinity Gala in October and our recent, sixth annual Polar Plunge in March. In June of 2024, we held our first Spring Fling Ladies Luncheon, which expanded our base of support and we are excited to bring it back this year with a super-charged committee.

One of the Foundation's goals has been to keep the prevention conversation going at home after students are educated by our free motivational speakers and reinforcement materials. In January, we launched Tigger Resource Kits and Cards to do just that. Read on to learn more about the tools we've created to assist parents during this challenging time.

With a full calendar for the rest of 2025 and the 2025-2026 school year, there are many opportunities to further support our mission to fight addiction, spread awareness and save lives.

With heartfelt gratitude,

Lisa, Rick and Alex  
**STAVOLA FAMILY**

**Kids who receive consistent education on the dangers of  
drugs are 50% less likely to experiment with them.**

-Substance Abuse and Mental Health Services Administration (SAMHSA)



Administrators at Central Regional Middle School with Portfolio Speaker, Rob Holla and TSF Director of School Partnerships, Cheryl Stavola at a presentation on the risks of vaping.

**"I want to personally thank the Tigger Stavola Foundation and Mr. Holla for educating our students about the consequences of making poor choices as well as the dangers of vaping, which can have a negative impact on their health."**

**- Superintendent Michelle CarneRay-Yoder**



## OUR MISSION

**The Tigger Stavola Foundation's** mission is to fight addiction, spread awareness and save lives through drug prevention and education.

## OUR VISION

Prevent future generations from the dangers of substance use disorder by promoting advocacy and awareness, sharing the inspiring process behind addiction recovery and educating as many as we can.

## OUR CHALLENGES

- Kids are experimenting younger. The average age of first-time use is 12 years old.
- 9 of 10 adults struggling with addiction started using substances in their teens
- 70% of users who try an illegal drug before 13, develop a substance abuse disorder within 7 years
- \$22 billion is spent nationally on treatment, but only \$2 billion on education!

## OUR MOMENTUM

- 162% increase in year-over-year middle school partnerships
- Over 112,000 students have received our education since the program launched in October, 2023.

# OUR PROGRAMS

Drug overdose is the leading cause of non-medical death in the U.S., and while **\$22 billion** is spent nationally on treatment, only **\$2 billion** is spent on education. The Tigger Stavola Foundation works tirelessly to fill this gap for parents and educators as we endeavor to prevent first use amongst middle and high school students. We're making great strides having provided educational materials and motivational speakers to **90+** Partner Schools across New Jersey.

The Tigger Stavola Foundation provides a free, multi-faceted program to educate teens in **school**, at **home** and on their **phones**. To **schools**, we provide free motivational speakers from our vetted portfolio. These speakers are subject matter experts who are able to connect with kids in an entertaining way and on a personal level. They have presented to over **112,000** kids at New Jersey schools in **seven** counties in less than **two** years.

In January, we began distributing tool kits to our Partner School students. Kits include Tigger Resource Cards with QR codes linking them and their parents to facts and videos that help to keep the prevention conversation going at **home**. It's also a way to keep families informed of opportunities the Foundation offers for volunteer hours and scholarship, including attendance at our popular annual Polar Plunge, which drew nearly **600** supporters this past March.

To reach kids on their **phones**, our Foundation created a mobile engagement program called LED by Tigger. Teens can sign up by texting **TIGGER to 43386** to receive facts in the form of videos and quizzes. The texts are delivered on Fridays after school to empower youth to make informed decisions when confronted with substances. Over **400** local students attended our LED by Tigger launch event at Monmouth University to hear an inspiring presentation by Nic Sheff, topic of film and memoir, *Beautiful Boy*. Since then, over **2,300** teens are enrolled in LED by Tigger.



"THANKS TO THE TIGGER STAVOLA FOUNDATION, I DIDN'T JUST LEARN HOW TO SAY NO - I LEARNED HOW TO SAY YES TO A FUTURE FILLED WITH PURPOSE."

- Partner School Student



"BRINGING IN SPEAKERS WHO CONNECT WITH HUMOR AND AUTHENTICITY, GIVES STUDENTS A POWERFUL WAY TO EXPLORE SERIOUS TOPICS. THESE ASSEMBLIES EQUIP THEM TO HANDLE LIFE'S DISAPPOINTMENTS AND CHALLENGES WITH RESILIENCE. DAYS LATER, MY KIDS ARE STILL TALKING ABOUT IT!

-Nancy Brady, Head Counselor, Belmar Elementary



"THE FOUNDATION'S MISSION IS IMPRESSIVE AND REMINDED ME THAT LIFE IS BEAUTIFUL."

- Partner School Student



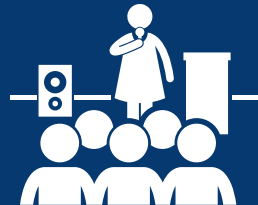
"THE ASSEMBLY DIDN'T FEEL LIKE A WARNING, IT FELT LIKE A WAKE UP CALL!"

- Partner School Student

# OUR RESULTS



PARTNERED WITH **OVER 90 SCHOOLS**  
ACROSS NJ TO DATE  
**162% YEAR-OVER-YEAR INCREASE** IN  
MIDDLE SCHOOL ENGAGEMENT



**280 EDUCATIONAL**  
PRESENTATIONS DELIVERED  
TO OVER **112K NJ STUDENTS**  
TO DATE



PROVIDED WEEKLY DRUG  
PREVENTION FACTS BY TEXT TO  
**OVER 2300 TEENS** ENROLLED IN  
OUR MOBILE PLATFORM



AWARDED **\$100K** IN  
SCHOLARSHIPS TO DATE TO  
SENIORS AT PARTNER HIGH  
SCHOOLS

## A EFFICIENT FUNDING MODEL



ALLOCATED **\$344K** TO  
MOTIVATIONAL SPEAKER PROGRAM  
COST PER STUDENT = **\$2.95**

# OUR REACH

Districts	Type
Asbury Park School District	BOTH
Atlantic Highlands School District	MIDDLE SCHOOL
Barnegat Township School District	MIDDLE SCHOOL
Belmar Elementary School District	MIDDLE SCHOOL
Bergenfield Borough School District	HIGH SCHOOL
Bergenfield Public School District	MIDDLE SCHOOL
Brielle Boro School District	MIDDLE SCHOOL
Butler Public School District	BOTH
Central Regional School District	HIGH SCHOOL
Cinnaminson Township School District	BOTH
Colts Neck Township School District	HIGH SCHOOL
East Brunswick Township School District	MIDDLE SCHOOL
Eatontown Public School District	MIDDLE SCHOOL
Englewood Public School District	MIDDLE SCHOOL
Fair Haven School District	MIDDLE SCHOOL
Farmingdale Public School District	MIDDLE SCHOOL
Franklin Township School District	MIDDLE SCHOOL
Freehold Borough High School District	HIGH SCHOOL
Freehold Borough School District	MIDDLE SCHOOL
Freehold Regional High School District	HIGH SCHOOL
Freehold Township School District	MIDDLE SCHOOL
Green Township School District	MIDDLE SCHOOL
Hackettstown School District	HIGH SCHOOL
Hamilton School District	MIDDLE SCHOOL
Hamilton Township School District	MIDDLE SCHOOL
Hazlet Township Public School District	MIDDLE SCHOOL
Henry Hudson Regional School District	MIDDLE SCHOOL
Highland Park School District	HIGH SCHOOL
Highlands Borough School District	HIGH SCHOOL
Holmdel Township School District	HIGH SCHOOL
Howell Township Public School District	BOTH
Jackson School District	BOTH
Jackson Township School District	BOTH
Keansburg School District	BOTH
Kearny School District	MIDDLE SCHOOL
Kenilworth School District	HIGH SCHOOL
Keyport School District	BOTH
Lacey Township School District	HIGH SCHOOL
Lakehurst School District	MIDDLE SCHOOL
Lakewood Township School District	MIDDLE SCHOOL
Little Egg Harbor Township School District	HIGH SCHOOL
Little Silver Boro School District	MIDDLE SCHOOL
Long Branch Public School District	BOTH
Manalapan-Englishtown Regional School District	HIGH SCHOOL
Manasquan School District	HIGH SCHOOL
Manchester Township School District	BOTH
Maple Shade School District	MIDDLE SCHOOL
Maria L. Varisco-Rogers Charter School District	MIDDLE SCHOOL

Districts	Type
Marlboro Township School District	HIGH SCHOOL
Matawan-Aberdeen Regional School District	BOTH
Middletown Township Public School District	BOTH
Millstone Township School District	BOTH
Monmouth Beach School District	MIDDLE SCHOOL
Monmouth Regional High School	HIGH SCHOOL
Morris County Vocational School District	HIGH SCHOOL
Neptune City School District	MIDDLE SCHOOL
Neptune Township School District	MIDDLE SCHOOL
Newton Public School District	MIDDLE SCHOOL
Ocean Township School District	MIDDLE SCHOOL
Oceanport Borough School District	MIDDLE SCHOOL
Oceanport School District	MIDDLE SCHOOL
Pequanock Township School District	HIGH SCHOOL
Pinelands Regional School District	HIGH SCHOOL
Plumsted Township School District	BOTH
Point Pleasant Beach School District	BOTH
Point Pleasant Beach School District	BOTH
Point Pleasant Borough School District	HIGH SCHOOL
Red Bank Borough Public School District	MIDDLE SCHOOL
Red Bank Regional Public School District	HIGH SCHOOL
Rumson Borough School District	MIDDLE SCHOOL
Rumson-Fair Haven Regional High School District	HIGH SCHOOL
San dyston-Walpack Consolidated School District	MIDDLE SCHOOL
Shore Regional High School District	HIGH SCHOOL
Shrewsbury Borough School District	MIDDLE SCHOOL
Spring Lake Borough	MIDDLE SCHOOL
Spring Lake Heights School District	MIDDLE SCHOOL
Tinton Falls School District	MIDDLE SCHOOL
Toms River Regional School District	BOTH
Township of Ocean School District	BOTH
Union Beach Public School District	MIDDLE SCHOOL
Upper Freehold Regional School District	HIGH SCHOOL
Wall Township Public School District	HIGH SCHOOL
West Long Branch School District	BOTH
Woodstown-Pilesgrove Regional School District	MIDDLE SCHOOL

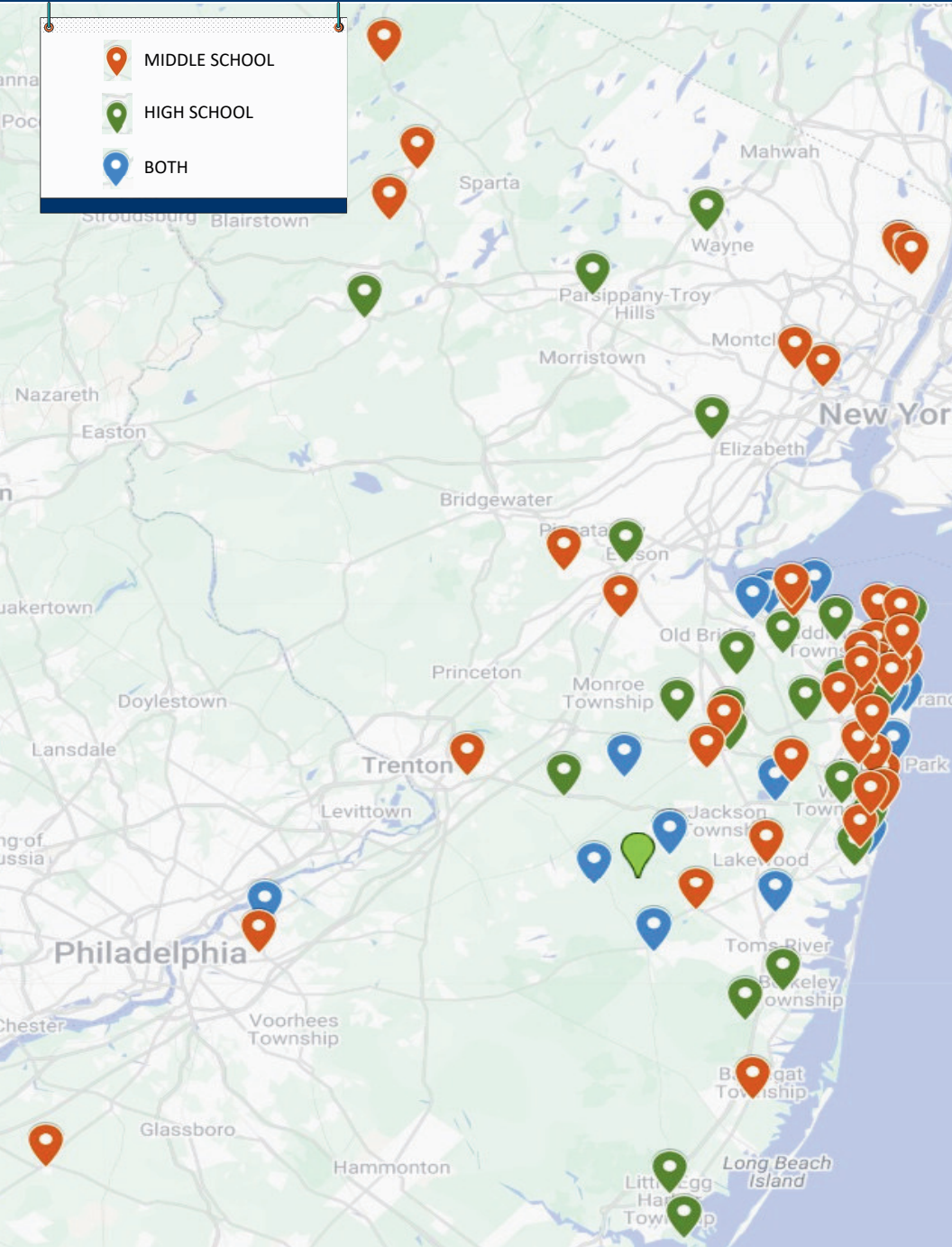


Here is a snapshot of the school districts, spanning seven counties in New Jersey, where the **Tigger Stavola Foundation** provided drug education resources since establishing its Partnership School Program in 2023. During the 2024-2025 school year, interest from middle schools grew significantly (**162%** year-over-year).

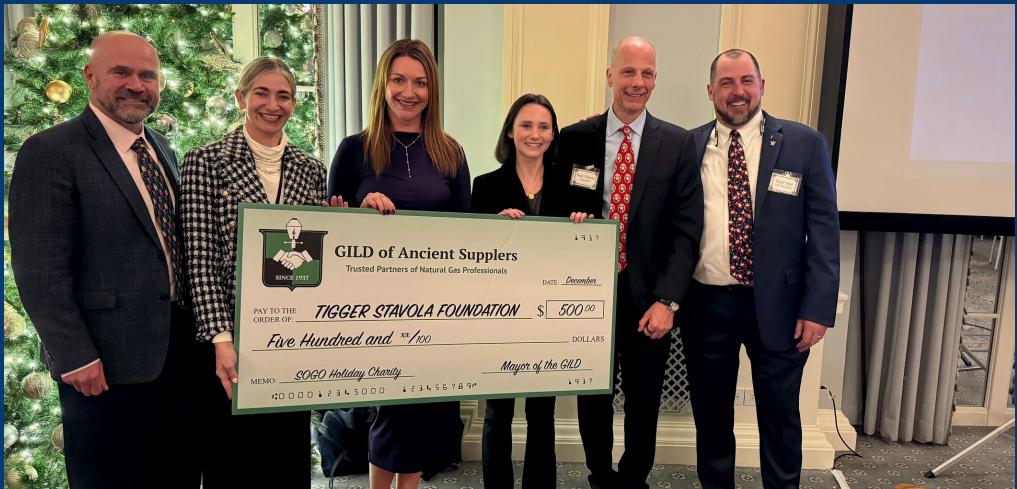
If you don't see your school on the map, reach out to our Director of School Partnerships, Cheryl Stavola at [cheryl@tiggerstavolafoundation.org](mailto:cheryl@tiggerstavolafoundation.org). More information can also be found at

[www.tiggerstavolafoundation.org/partner-schools-program/](http://www.tiggerstavolafoundation.org/partner-schools-program/).

# OUR REACH



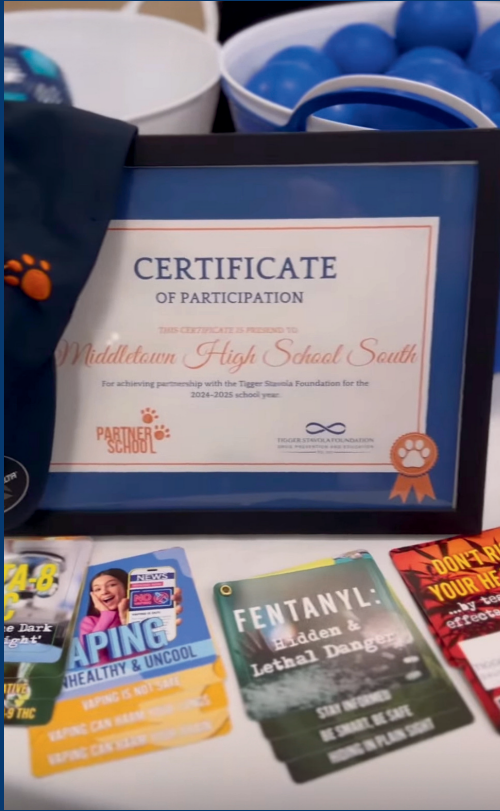
# A YEAR OF PREVENTION IN PHOTOS



# TOGETHER, WITH TIGGER...WE CAN SAVE A LIFE



# PARTNER SCHOOL PRIDE



## THANK YOU TO OUR ADVISORY BOARD



ANDREA AGIN

MITCHELL J. ANSELL, ESQ.

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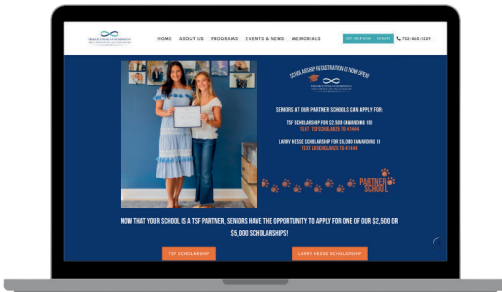
HELP US  
FIGHT ADDICTION,  
SPREAD AWARENESS,  
SAVE LIVES

### CALENDAR OF EVENTS 2025-2026

- OVERDOSE AWARENESS DAY - AUGUST 31
- INFINITY GALA - OCTOBER 3
- SANTA AT GARMANY - DECEMBER 6
- POLAR PLUNGE - MARCH 22
- SCHOLARSHIP DEADLINES - APRIL/MAY
- LADIES LUNCHEON - JUNE



HELP GROW TIGGER STAVOLA FOUNDATION'S PROGRAMS WITH  
ONE-TIME OR RECURRING DONATIONS OR SUPPORT AT OUR EVENTS.



 **FOLLOW US**



 **CONTACT US**

 [WWW.TIGGERSTAVOLAFUNDATION.ORG](http://WWW.TIGGERSTAVOLAFUNDATION.ORG)  
 [INFO@TIGGERSTAVOLAFUNDATION.ORG](mailto:INFO@TIGGERSTAVOLAFUNDATION.ORG)  
 HELP LINE: 732-865-1559

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Text TIGGER to 43386 or scan this QR code

